

Sports-Medicine Webinar Studies

1. [Why Ice Delays Recovery](#)
2. [The Effectiveness of PBM Therapy Versus Cryotherapy for Skeletal Muscle Recovery: A Critically Appraised Topic](#)
3. [Comparison between cryotherapy and PBM in muscle recovery](#)
4. [Conservative management of midportion Achilles tendinopathy: a mixed methods study, integrating systematic review and clinical reasoning](#)
5. [The effects of laser treatment in tendinopathy: a systematic review](#)
6. [The Effectiveness of Therapeutic Class IV \(10 W\) Laser Treatment for Epicondylitis](#)
7. [Platelet rich plasma versus laser therapy in lateral epicondylitis of elbow](#)
8. [Comparison of High Intensity Laser and Epicondylitis Bandage in the Treatment of Lateral Epicondylitis](#)
9. [Long-term effects of HILT in lateral epicondylitis patients](#)
10. [PBM Therapy Versus Extracorporeal Shock Wave Therapy in the Treatment of Lateral Epicondylitis](#)
11. [Effects of Low-Level Laser Therapy and Eccentric Exercises in the Treatment of Patellar Tendinopathy](#)
12. [Effect of PBM in the patellofemoral pain syndrome; randomized clinical trial in young women](#)

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13. [Low level laser treatment of tendinopathy: a systematic review with meta-analysis](#)
14. [A randomised, placebo controlled trial of low level laser therapy for activated Achilles tendinitis with microdialysis measurement of peritendinous prostaglandin E2 concentrations](#)
15. [Effects of low-level laser therapy and eccentric exercises in the treatment of recreational athletes with chronic achilles tendinopathy](#)
16. [High-Power Laser Therapy Improves Healing of the Equine Suspensory Branch in a Standardized Lesion Model](#)
17. [Fractionated Irradiation in PBM Therapy of Ankle Sprain](#)
18. [Evaluation of the therapeutic effects of led \(\$\lambda 627 \pm 10\$ nm\) on the initial phase of ankle sprain treatment: a randomised placebo-controlled clinical trial](#)
19. [Low-level laser treatment can reduce edema in second degree ankle sprains](#)
20. [Second Impact Syndrome](#)
21. [The Controversial Second Impact Syndrome: A Review of the Literature](#)
22. [PBM for TBI & Stroke](#)
23. [PBM in Acute TBI: A Systematic Review and Meta-Analysis](#)